

**Rapids Swimmer/Parent Code of Conduct**

**Swimmers must behave properly:** Normal pool rules apply. No wrestling, horseplay, pushing, running. Please pick up all trash and place in proper containers.

No gum or glass containers. Please keep restrooms clean during practice times and meets.

**Swimmers must leave the pool immediately after practice.**

Parents are not required to attend practices (unless your child is 8 years or younger, in which case a responsible adult aged 16 or older must be present.) Please do not allow your swimmers to loiter after their practice, coaches need to begin working with the next group of swimmers.

**Swimmers are not allowed in pool area before practice or without coaches being present.**

**We are not permitted to use the baby pool during practice hours.**

**Swimmers must inform a coach before leaving the pool area.**

This included going to the restroom; for safety reasons.

**Notify the Head Coach if swimmers are unable to attend the meet.**

All absences for meets should be recorded, as soon as possible on our volunteer spot website so that meets are seeded properly and all available swimmers get a chance to swim. If an emergency occurs, please contact our head coach or a board member via email which is found on our web-site.

**Obey Meet Officials and Coaches.**

**At meets and other events; parents are expected to supervise their children or have another parent who will do so to ensure safety.**

**Parents must provide an emergency contact number found on your registration form.**

Parents are expected to assist with the conduct at all meets. Volunteers are the KEY to successful meets.

If a swimmer chooses to wear a swim cap, it must be a team cap during meets and finals.

A swimmer can be disqualified for advertising another team on a cap and/or swim suit. Generic caps/suits are permitted but they cannot have another team name on them.

**Please respect the property of others.**

It is recommended you label all goggles, team shirts and other common items. All items left at practices and meets will be turned into the Austin Ridge Pool lost and found.

**Parents: Please do not interrupt the coaches during practice for any reason other than a true emergency.**

Interruptions with swimmers in or near the water may distract the coaches and compromise safety.

Parent are expected to stay in the chair area of the pool during practices and not near coaches during instruction time.

**I have read and understand the Rapids Code of Conduct: (multiple swimmers in one family may sign)**

Swimmer: \_\_\_\_\_ Swimmer: \_\_\_\_\_

Swimmer: \_\_\_\_\_ Swimmer: \_\_\_\_\_

Swimmer: \_\_\_\_\_ Swimmer: \_\_\_\_\_

Parent/Guardian : \_\_\_\_\_